

# Proposal to Wuchang Shouyi University

## English Language and Activities Programme

### Christchurch, New Zealand 2018



# Ara Overview



Ara Institute of Canterbury is one of New Zealand's largest and most diverse government tertiary institutions. Ara provides accessible and innovative vocational training for the entire Canterbury region. With campuses in Christchurch and Timaru we aim to produce graduates who are work-ready and equipped with internationally recognized qualifications and skills for a fast changing world.

## Key facts

- Established 1906
- 25,000 students annually (including 1700 international students)
- 16 – 100 students per class
- New Zealand government owned
- NZQA category 1 institution
- Approved provider of pathway visas under the Immigration pilot programme
- Signatory of the New Zealand Code of Practice for the Pastoral Care of International Students



# School of English Language

The School of English Language is internationally recognized as one of the best English language training centres in New Zealand. It offers a range of classes from **Beginner** through to **Intermediate** and **Advanced**. Students are placed in a class at an appropriate level based on the results of their placement test on the first day of the programme.

## Weekly timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
9am – 10:30am	General English				Finishes 11am	Optional weekend activity
15min break at 10:30am						
10:45am – 12:15pm	General English (continued)					
Lunch break 12:15-1:15pm				Optional afternoon activity		
1:15pm – 3:15pm	Customized programme					
3:15pm	Optional afternoon activity					

**Total hours:** 22 hours per week

**Class size:** Average 17 students per class (maximum 22 students)

Students study grammar, lexis and pronunciation integrated with the four language skills of listening, speaking, reading and writing. Teaching is both interactive and communicative in style and involves students working in groups, individually and in simulated role plays.

As part of their programme, the students will also have access to our state of the art Language Self Access Centre which is in the library.

# Programme Content

## Aims

- To develop general English language skills
- To improve cross cultural awareness through living in a New Zealand homestay
- To provide opportunities to visit local attractions and experience cultural activities



# Programme details

## Hours of tuition

3 weeks x 22 hours

Total 66 hours

Dates:

22 January to 9 February



# Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Welcome and Orientation	General English	General English	General English	General English
	Tram ride through the city	Mt Cavendish Gondola	Indoor rock climbing at Clip'n'Climb	Canoeing on Avon River	Free Afternoon
Week 2	General English	General English	General English	General English	General English
	Walk in Port Hills	Canterbury Museum	Introduction to Maori culture	Air Force Museum	Free Afternoon
Week 3	General English	General English	General English	General English	General English
	Art Gallery	Willowbank Wildlife Park	Antarctic Centre	Mini-Golf	Farewell

# Facilities

**Students will have access to all the facilities and services provided by Ara including:**

- Library
- Computer access: free 24-hour email and internet use
- Language Self-Access Centre where students can study in their own time
- Full-time international student advisor
- Chinese student advisor on campus
- Homestay advisor available on request
- Cafés and restaurant on campus
- Health centre
- Recreation centre
- Bookshop
- ATM





# Language Self Access Centre

The Language Self Access Centre is where students can come and practise English. Each student is provided with an individualized learning plan and access to multiple resources including DVDs, language learning software and graded books. The centre is located in the library and is open Monday to Thursday 8.30 – 6.00pm, Friday 8.30 – 3pm and Saturday from 12noon to 4pm. (Reduced hours during term breaks).





# Accommodation

## Homestays

Accommodation will be organized by a local company specializing in looking after overseas students. New Zealand homestay providers have a reputation for being friendly, hospitable and generous with their time to students.

All students are asked to complete a detailed application form before departure from their country. From this form, information relating to students and prospective families will be carefully examined to ensure suitable placements.



# Cultural and Recreational Opportunities



## Christchurch Gondola

This is one of Christchurch's most popular sightseeing activities and a great way to get an aerial perspective of Christchurch and Canterbury. Enjoy the panorama of the city, over the Canterbury plains and out to the Southern Alps.

<http://welcomeaboard.co.nz/gondola>



## Christchurch Tram

Enjoy a journey through the centre of the city on board one of the restored heritage trams. See how the city is changing and developing as the rebuild progresses.

<http://welcomeaboard.co.nz/christchurch-tram/>

# Cultural and Recreational Opportunities



## Introduction to Māori culture

Māori, the indigenous people of Aotearoa New Zealand, make up 15% of the population. Traditional Māori customs still play a big part in the lives of many modern Māori people and are an important part of New Zealand culture. Staff from Te Puna Wanaka at Ara will introduce aspects of their culture including songs and games.



## Indoor Rock Climbing

Originating in Christchurch in 2006, this indoor climbing facility provides a great venue for the physical and mental challenge of climbing, in a safe, monitored environment. Students can compete with each other or just challenge themselves.

<http://www.clipnclimb.com/>

# Cultural and Recreational Opportunities



## International Antarctic Centre

Students will learn about the Great White Continent and the wildlife that inhabits this region of the earth.

Different areas of the Antarctic Centre can be explored, including the New Zealand Penguin Encounter attraction.

<http://www.iceberg.co.nz/>



## The Canterbury Museum

The museum has a world renowned collection of treasures. A guided tour is available for visitors. Learn about the early settlers arrival to New Zealand, visit a Victorian Christchurch street, see Maori exhibits and don't miss the extensive Antarctic collection.

<http://www.canterburymuseum.com/>



# Cultural and Recreational Opportunities



## Willowbank Wildlife Reserve

Willowbank is one of Christchurch's top tourist attractions. Learn about NZ Wildlife, see a kiwi and other endangered species and learn about the work being done to preserve them.

<http://www.willowbank.co.nz/>



## Canoeing on the Avon River

This has been a favourite activity for Christchurch families for 125 years. Students can choose to canoe or kayak through the very picturesque Christchurch Botanic Gardens. All vessels are safe and experienced guides are on hand at all times.

<http://boatsheds.co.nz/>

# Cultural and Recreational Opportunities



## Air Force Museum of New Zealand

One of New Zealand's top visitor attractions, the Air Force Museum has over 30 historic aircraft, hands-on exhibitions and displays.

<https://www.airforcemuseum.co.nz/>



## Art Gallery

Christchurch Art Gallery, Te Puna o Waiwhetu, is the public art gallery of the city of Christchurch, New Zealand. It features a range of works of both New Zealand and international artists.

<https://christchurchartgallery.org.nz/>

# Cultural and Recreational Opportunities



## Mini Golf

Situated at the foot of the Cashmere hills on the outskirts of Christchurch, Ferrymead Mini golf offers a challenging course both indoors and outdoors. Fun for all ages.

<http://www.ferrymeadgolf.co.nz>



## Walk in the Port Hills

The Port Hills divide the city of Christchurch from the port of Lyttelton. They are a popular place for recreation and provide panoramic views of Christchurch city and the Southern Alps.

# Costs

ITEM	COST NZ\$
Registration	250
Tuition fees (3 weeks @ \$410/week )	1,230
Homestay placement fee	250
Homestay (3 weeks @ \$280/week including 3 meals daily)	840
Insurance (based on 0.09 EFTS)	48
Bus pass (3 weeks)	90
<b>TOTAL per student</b>	<b>2,708</b>

## Spending Money

Students would require spending money for personal activities, and purchases only.

This quote is based on a group comprising a **minimum of 14 students** and is valid until 31 October 2017.



# Cost details

## Costs include:

All tuition fees, timetabled activity fees and related teaching materials

Certificates

Homestay provision including 3 meals daily

Enrolment and registration costs

Access to all Ara Institute of Canterbury facilities and student services

Airport transfers

Transport between homestay and Ara Institute of Canterbury



## Costs DO NOT include:

Airfares to/from New Zealand

Personal stationery

Personal spending money

Evening, weekend and optional daytime activities

**N.B. If students arrive or depart on different flights there will be a surcharge of \$50 per student.**

## Method of Payment:

An invoice will be sent on acceptance of this quotation. Payment on invoice should be made in full no less than 6 weeks before start date by bank draft or telegraphic transfer.

Special conditions apply for students under 18 years of age.

# Optional Activities



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Ara rau, taumata rau

# Weekend Excursions (cost not included)



## Day trip to Akaroa

Akaroa is a small, picturesque fishing settlement, about 90 minutes' drive from Christchurch through stunning mountain and coastal scenery. The township was settled by the French in the 1830's and retains much of its early French history.

It is a beautiful place to stroll around, with plentiful shops and other attractions. Students can buy lunch in one of the excellent restaurants or cafes. There is also a very good museum, an art gallery and an historic lighthouse walk. The main attraction is a wildlife cruise by modern catamaran to view dolphins, seals, penguins and other animals. This cruise is included in the cost of the day trip.

**Cost: approximately \$120 per student**

Trip includes:

- Transport to Akaroa and return
- A harbour cruise and dolphin watching
- Visit to a cheese factory



# Weekend Excursions (cost not included)



## Lake Tekapo and Mt Cook Tour

Lake Tekapo is nestled in the heart of New Zealand's South Island about 1 hour 40 minutes from Timaru and 3 hours from Christchurch.

The lake lies at the foot of the Southern Alps, which rise to a height of 3000 metres. New Zealand's highest mountain, Mt Cook (Aoraki) is a short drive away and rises to 3,753m (12,313ft).

Visitors from all over New Zealand and the world are amazed by the clarity and sheer numbers of stars visible to the naked eye at night time at Lake Tekapo.

**Cost: Approximately \$295 per person**

Tour includes:

- Transport Christchurch to Tekapo return
- Local New Zealand guide
- Entry to hot pools



# Weekend Excursions (cost not included)

## Hanmer Hot Springs



Hanmer Springs Village is New Zealand's premier alpine spa destination. Located in North Canterbury about 90 minutes from Christchurch, Hanmer Springs is best known for the award-winning Hanmer Springs thermal pools and spa.

With a bounteous supply of thermally heated spring water, the pools range in temperature from 28-42° Celsius - perfect for soothing away aches and pains or for just unwinding. The Hanmer Springs geothermal water is drawn from a bore adjacent to the reserve complex, providing natural water of the highest quality.

**Cost: approximately \$100 per student**

Tour includes:

- Entry to thermal pools
- Lunch
- Transport Christchurch - Hanmer return

<http://hanmersprings.co.nz/>



# Weekend Excursions (cost not included)



## Kaikoura and Whale Watching

Kaikoura is a small township about two hours north of Christchurch. The town is best known for the whales which swim in the ocean just off the coast and are one of New Zealand's top attractions. Other attractions include excellent cafes, wonderful seafood, a historic whaler's cottage and a fascinating museum.

Seal viewing is free of charge and guaranteed as the seals feed off rocks which are only a short walk from the beach.

Tour includes:

- Whale Watch boat trip
- lunch
- transport Christchurch - Kaikoura return

**Cost: Approximately \$245.00 per person**



# Weekend Excursions (cost not included)

## Queenstown



Queenstown's stunning scenery, huge range of activities and renowned warm welcome cement its reputation as New Zealand's favourite visitor destination.

Surrounded by majestic mountains and set on the shores of crystal clear Lake Wakatipu, the natural beauty and the unique energy of the region create the perfect backdrop for a holiday full of adventure, exploration or relaxation.

From bungy jumping, sky diving and jet boating in some of the most scenic locations in the world, to fine dining in some of New Zealand's most prestigious restaurants, Queenstown has something for everyone and caters to all skill levels.



Tour includes:

- Transport Christchurch - Queenstown return
- Accommodation in hostel/backpackers
- Stops on way to see points of interest
- **Cost: TBA**

# Weekend Excursions (cost not included)



## Castle Hill & Arthur's Pass National Park

Castle Hill is the place where scenes from Lord of the Rings and the Narnia movies were filmed. It's a beautiful area near Arthur's Pass, a lovely National Park with mountains, forest and waterfalls.

**Cost: approximately \$100 per student**

Tour includes:

- Transport Christchurch - Arthur's Pass return
- Stops on way to see points of interest





# Weekend Excursions (cost not included)

## Farm Day

Visit a working high country farm just 50 minutes from Christchurch.

Tour includes:

- 1 hour farm show
- 1 hour horse trek
- Jet boat ride
- Barbecue lunch
- Transport Christchurch to Rubicon Valley return

Cost: Approximately **\$175** per person





# Ara

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